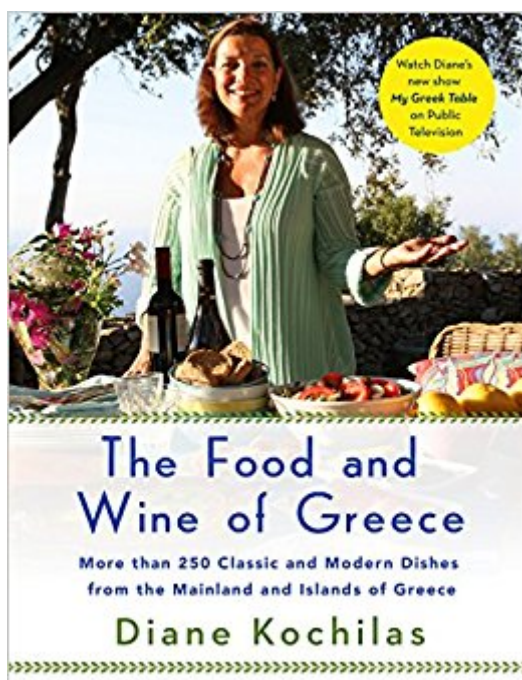


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# The Food And Wine Of Greece: More Than 300 Classic And Modern Dishes From The Mainland And Islands



## Synopsis

“An irresistible cookbook filled with tantalizing recipes, delightful stories, and gastronomic joy. I loved it.”  
—Paula Wolfert, author of *Mediterranean Cooking*, *The Cooking of South-West France*, and *Paula Wolfert’s World of Food*. The cuisine of Greece is rich with traditional and regional culinary dishes that go far beyond the standard fare of moussaka and spinach pie. Diane Kochilas lived and traveled through Greece searching out home cooks and professional chefs alike to gather these special recipes and explore the culture that surrounds them. The result is this, her delicious, classic first book filled with recipes accessible to cooks everywhere. This tantalizing collection covers all aspects of Greek cuisine and pays tribute to the history and tradition behind the different dishes. Each chapter—from olives and bread to appetizers, stews, savory pies, fish, poultry, meat, eggs, grains, vegetables, and sweets—is filled with detail on the ancient, religious, and folkloric origins of various dishes. Basic preparations, such as those for phyllo, avgolemono, and grilling fish and game, are covered, as are regional variations and local specialties. Let Diane Kochilas introduce you to the food and wine of Greece, the secrets of great Greek home cooks and the rich culinary tradition of this ancient land.

## Book Information

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## Customer Reviews

There are few good Greek cookbooks available; the Recipe Club of St. Paul’s Complete Book of Greek Cooking ( LJ 4/15/90) is an exception and a useful basic introduction to the cuisine. Kochilas’s more ambitious book includes background on the country and its customs, wine recommendations with each recipe, and informative headnotes on dishes as familiar as Baklava, as exotic as Snail and Bulgur Pilaf. For subject collections. Copyright 1990 Reed Business Information,

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• Paula Wolfert, author of *Mediterranean Cooking*, *The Cooking of Southwest France*, and *Paula Wolfert's World of Food*  
“I expect [The Food and Wine of Greece] to become a classic in its field.”  
• John Mariana, food and travel correspondent for *Esquire* magazine and author of *The Dictionary of American Food and Drink*

I specifically purchased this book in the hopes that it might contain the recipe for the Ouzo Sauce in the Shrimp and Scallops in Ouzo served in the Pylos restaurant in NYC. Sadly, it does not. It does have several hundred other delicious Greek recipes. I'd compare it to the *Joy of Cooking* if Joy handled only Greek food. It doesn't have pictures, so if that's a deal breaker for you, you may prefer her newest title, *The Country Cooking of Greece*, which has many pictures and also covers a lot of ground. As a first-generation Greek-American, I'm glad I can have this resource for when my Yiayia is not able to offer her own recipes.

A Greek cookbook was missing from my library, I used to think it similar to *Mexican Food*, why not just go out for it when you have the urge. After dropping that line of thinking and getting this book, I have to admit what a mistake. The book has some serious depth and happy its my first introduction in Greek Cuisine.

We are so blessed here in the Detroit Metro area to have Greek Town with all its outstanding restaurants. You can even get their cookbook which is excellent: *Opaa! Greek Cooking Detroit Style*. Kochilas' cookbook is even larger with over 300 recipes plus variations on most dishes, background sketches and wonderful memories of the dishes she's describing. I am in love with the way Greeks do Lamb Stews--scented with allspice and cinnamon with just right acidic balance of rich tomato sauce. Kochilas' recipe *Arni Kapam* (Lamb in a Spicy Tomato Sauce) has become a favorite. Surprisingly so, I am a nut for Snails, so her *Cochli me Pligoui* (Snail and Bulgur Pilaf) is out of this world as well as the Cretan Classic Snail Stew. Her classic *Pastitsio* and *Mousakka* are excellent as well as Chicken-Lemon Soup and syrupy *Baklava* desserts. One fine, well done cookbook.

My favorite Greek cookbook for many years. This is my go-to gift for my foodie friends.

Ms. Kochilas creates outstanding cookbooks and I love them! My Greek American Princess and her Yaya are thrilled when I come up with a treat from the cookbook!

Terrific book. My Mother is Greek and even she was impressed by the recipes

Diane Kochilas continues to produce quality Greek ethnic cookbooks. This is certainly one of them.

Wonderful recipes. Love it!

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